

## VEGETARIAN DELIGHTS

<b>Paneer Makhani (Mild) D</b> -----	£9.95
Cottage Cheese Cooked in a slow flame with tangy tomato	
<b>Daal Makhani (Mild) D</b> -----	£9.95
Creamed black lentils, seasoned with mild spices with clarified butter.	
<b>Shabnam Curry (Mild) D</b> -----	£9.95
Mushrooms, garden picked green peas cooked with onion and tomato sauce and cream.	
<b>Achari Bhanta (Med)</b> -----	£9.95
Pan fried baby aubergine coated with tangy spices. Pickled flavour.	
<b>Saag Paneer (Med) D</b> -----	£9.95
Cottage Indian cheese (paneer) and spinach puree cooked with creamy sauce.	
<b>Himali Torai (Med)</b> -----	£9.95
Okras and sliced onions, ginger, and tomato cooked with himalayan herbs.	
<b>Aloo Simi (Med) D</b> -----	£9.95
Green beans and potato cooked in Nepalese Style.	
<b>Himalayan Mixed Veg (Med) D</b> -----	£9.95
Himalayan Seasonal Vegetable cooked in Nepalese Style.	

## SIDE DISHES

<b>Saag Aloo</b> -----	£6.25
Potato Cooked in spinach.	
<b>Himalayan Tarka Daal</b> -----	£6.25
Lentils with ginger, garlic, onion, tomatoes, and coriander	
<b>Bombay Aloo</b> -----	£6.25
Sauteed Potato curry with variety of spices.	
<b>Aloo Gobi</b> -----	£6.25
Fresh potatoes and cauliflower with cumin seeds, julian ginger and tomatoes ( ADDITIONAL SIDES FROM THE MENU ARE AVAILABLE ON REQUEST)	

## RICE

	SMALL	LARGE
<b>Boiled Rice</b> -----	£3.25	£4.25
<b>Pilau Rice (D)</b> -----	£3.45	£4.45
<b>Mushroom Rice</b> -----	£3.95	£4.95
<b>Vegetable Rice (D)</b> -----	£3.95	£4.95
<b>Egg Rice (E)</b> -----	£3.95	£4.95
<b>Special Fried Rice (E, D, C)</b> -----	£4.95	£5.95
(Egg, Prawns)		
<b>Jeera Rice</b> -----	£3.75	£4.75
<b>Peas fried Rice</b> -----	£3.75	£4.75
<b>Coconut Rice</b> -----	£3.75	£4.75
<b>Lemon Rice</b> -----	£3.75	£4.75

## SALAD & CHIPS

<b>Himalayan Salad D</b> -----	£4.95
<b>Chips</b> -----	S-£3.25-----L £4.95

## NAAN / BREADS

All Naan breads contain Dairy, Eggs and Gluten. Roti and Chapati are free of EGG.  
Dairy Free Roti & Chapati can be offered on Request

<b>Plain Naan</b> -----	£3.15
<b>Garlic Naan</b> -----	£3.45
<b>Peshwari Naan</b> -----	£3.95
<b>Garlic Coriander / Chilli Naan</b> -----	£3.45
<b>Garlic Cheese Naan</b> -----	£3.95
<b>Cheese Naan</b> -----	£3.95
<b>Keema Naan</b> -----	£3.95
<b>Family Naan (Stuffed)</b> -----	£6.95
(Choose : Keema / Cheese /Garlic / Garlic Coriander)	
<b>Family Naan Plain</b> -----	£5.95
<b>Roti</b> -----	£2.45
<b>Chapati</b> -----	£2.25
<b>Paratha</b> -----	£3.25
<b>Aloo Paratha</b> -----	£3.75

## SET MEALS

### CHEF'S SPECIAL SET MEAL FOR TWO-£39.95

#### STARTERS:

2 x Himalayan Parikar (Mixed Kebab)  
*(Mixture of Chicken Tikka, Tandoori Chicken, Seekh Kebab, & Fish Tikka)*

#### MAINS: (Any Two)

Gurkhali Chicken, Chicken Lawabdar,  
Himalai Lamb, Lamb Tikka Masala

#### SIDES

Bombay Aloo  
Garlic Naan & Special Fried Rice

*(Change of any other Naan or Rice adds £1 Extra)*

### VEGETARIAN SET MEAL FOR TWO-£35-95

#### STARTERS:

2x Himalayn Platter

#### MAINS (Any Two)

Palak Paneer, Paner Makhani,  
Himalayan Mixed Veg, Aloo Gobi

#### SIDES

Himalayan Tarka Daal  
Plain Naan & Pilau Rice

*(Change of any other Naan or Rice adds £1 Extra)*

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NAMASTE

TAKEAWAY MENU

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VISIT:

156 FRONT STREET, ARNOLD,  
NOTTINGHAM, NG5 7EG

The Restaurant Entrance is next to 2 Coppice Road

LIFT IS AVAILABLE



## PAPPADOMS/PICKLE

Pickle Tray-----	£2.95
Pappadam-----	£0.95
Spicy Pappadam-----	£1.00
Onion Mix/Mango Chutney/ Mint Sauce-----	Each-----£0.90
Mixed Pickle/ Lime Pickle-----	Each-----£1.15

## VEG STARTERS

<b>Veg Momo (Med) G</b> ----- <sup>(5 pcs)</sup>	£6.45
Steamed Nepalese dumplings with vegetable, seasoned with herbs and spices. Served with Chutney.	
<b>Himalayan Platter (Med) D</b> -----	£5.95
Toasted potatoes, Paneer tikka, Grilled mushroom, & Onion Bhaji.	
<b>Garlic Mushroom (Med)</b> -----	£5.45
Freshly sliced mushrooms and mixed peppers toasted with garlic and schezwan sauce.	
<b>Gobi Manchurian (Med)</b> -----	£5.45
Fresh Cauliflour coated with batter, tossed with Schezwan and tangy sauce.	
<b>Veg Pakora (Med)</b> -----	£5.45
Pieces of mixed vegetable, coated in seasoned batter and deep-fried	
<b>Paneer Pakora (Med) D</b> -----	£5.95
Pieces of Cottage cheese coated in seasoned batter and deep-fried	
<b>Vegetable Samosa</b> -----	£5.45
<b>Onion Bhaji</b> -----	£5.45
<b>Tandoori Khumb(Med)</b> -----	£5.45
(Tandoori Mushroom) marinated whole of mushroom and grilled in Tandoor with traditional Nepalese herbs.	
<b>Chilli Paneer (Med) D</b> -----	£5.95
Indian cottage cheese stir fried with mixed peppers and spices in an Indo-Chinese Style.	
<b>Chana Chat Masala (Med)</b> -----	£5.45
Boiled chickpeas sauteed with garlic, onion, fresh green chillies, and chat masala.	
<b>Paneer Tikka (Med) D</b> -----	£5.95
Marinated cottage cheese cooked grilled in clay oven in Nepalese style.	

## NON-VEG STARTERS

<b>Momo (Med) G</b> -----	£6.45
Steamed dumplings with minced meat seasoned with herbs and spices. Served with Chutney.	
<b>Chicken/Lamb Chhoyla (Med)</b> -----	£5.95/6.95
Chargrilled spring chicken tossed with Himalayan herbs, olive oil and fenugreek-seed..	
<b>Chicken Pakora (Med) D</b> -----	£5.95
Tender chicken, marinated with Indian flavours then deep fried in a gram flour batter to create a crispy shell, served with mint chutney	
<b>Chicken Tikka/ Lamb Tikka D</b> -----	£5.95/6.95
Boneless marinated chicken or lamb grilled in tandoor.	
<b>Chicken Sukuti (Med)</b> -----	£5.95
Crispy chicken, prepared with green chilli, ginger, garlic and green herbs with a Nepalese style	
<b>Garlic Chilli Chicken (Med)</b> -----	£5.95
Batter fried tender pieces of chicken, tossed with garlic and chilli sauce	
<b>Hot Meat (Hot)</b> -----	£6.95
Meat cooked with garam masala, ginger, garlic and nepalese spices with green chilli.	
<b>Chicken / Prawn / Hot Meat Puri C G</b> -----	£5.95/£5.95/£6.95
Nepalese deep-fried bread with chicken or prawns.	
<b>Lamb Cutlet D</b> -----	£6.95
Tender juicy lamb chops seasoned with Mongolian herbs, barbequed in a tandoori oven	
<b>Chilli King Prawns C</b> -----	£7.95
Battered fried king prawns tossed and stif fried with mix peppers and chilli sauce.	
<b>Himali Parikar D F</b> -----	£6.95
Mix platter of tandoori chicken, seek kebab, achari chicken tikka and fish tikka.	

## CHEF'S RECCOMENDATIONS

<b>Lamb Handi (Med)</b> -----	£11.95
Boneless lamb cooked in tomato, onion, cumin & Himalayan spices with red chili. (Traditional)	
<b>Himali Chicken/Lamb (Med-Hot)</b> -----	£10.95/11.95
Chicken or Lamb Tikka, cooked with ginger, garlic, tomato, onion and herbs.	
<b>Gurkhali Chicken/Lamb (Med-Hot)</b> -----	£10.95/£11.95
Tender pieces of Chicken / Lamb cooked with golden fried garlic flakes,himalayan herbs and spices. Garnished with green chilli.	
<b>Goan Fish Curry (Med-Hot) F</b> -----	£11.95
Fillet of Tilapia Fish, simmered in goan spices and coconut milk.	
<b>Murg Makhan Wala (Mild) D</b> -----	£10.95
Tandoori tender chicken pieces cooked in tomato base butter sauce and cream.	
<b>Chicken Lawabdar (Med) D</b> -----	£10.95
Fresh Chicken tikka mixed with jullian ginger, spring onions, peppers, cream and tomato sauce.	
<b>Rara Meat</b> -----	£11.95
Himalayan lamb curry cooked with minced meat sauce. An authentically flavoured curry.	
<b>Lasuni Kukhura (Hot) D</b> -----	£10.95
Tender chicken cooked with garlic, ginger . More garlic and runny sauce .	
<b>Chicken Jaisalmar (Mild) D</b> -----	£10.95
Tender chicken cooked with onions, green pepper, cashew nut and coconut in spicy creamy sauce.	
<b>Gulmi Chicken/Lamb</b> -----	£10.95/11.95
Lamb or Chicken Cooked with fenugreek, ginger, garlic, coriander and topped with red chilli.	
<b>Pahadi Kukhura (Hot)</b> -----	£10.95
A traditional Nepalese very hot chicken curry prepared in complete Nepalese Style with medium From Hilly area of Nepal	

## TANDOORI

(All Tandoori dishes ( Except Paneer Shaslik ) are served with Salad.)

<b>Tandoori Chicken (Med) D</b> -----	£11.45
Chicken with Bones , marinated with yoghurt , ginger, garlic & Indian spices cooked in Tandoori oven.	
<b>Chicken Tikka Sekuwa (Med)</b> -----	£11.95
Boneless chicken grilled in tandoor. Marinated with herbs and spices.	
<b>Tandoori King Prawns (Med) D</b> -----	£14.95
King Prawns marinated with carom seeds, ginger, garlic and lemon and then grilled in Tandoor.	
<b>Lamb Chops (Med) D</b> -----	£14.95
Lamb Chops marinated with nepalese herbs and spices , Grilled in tandoor.	
<b>Himalayan Combo (Med)D</b> -----	£15.95
Tandoori Mixed Platter of Chicken Tikka, Seekh Kebab, Tandoori Chicken, King Prawns and Lamb Chops.	
<b>Salmon Tikka (Med) D, F</b> -----	£13.95
Salmon marinated with ginger, garlic, and garam masala.	
<b>Lamb Tikka Sekuwa (Med) D</b> -----	£11.95
Lamb grilled in tandoor. Marinated with herbs and spices, cooked in Nepalese Style.	
<b>Paneer Tikka Shaslik (Med) D</b> -----	£11.95
Indian Cottage Cheese ( Paneer) cooked with Capsicum, Onion, and tomatoes.	
<b>Kakuri Kebab (Seek Kebab)Med) D</b> -----	£11.95
Minced meat grilled in Tandoor, mixed with various Nepalese herbs and spices.	

## DRINKS

<b>COKE/ DIET COKE/ LEMONADE (1.25LTR)</b> -----	£3.95
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## NATION'S FAVORITE

<b>Chicken</b> -----	£10.45	<b>Prawns</b> -----	£11.95
<b>Chicken Tikka</b> -----	£10.95	<b>King Prawns</b> -----	£14.95
<b>Lamb</b> -----	£11.95	<b>Vegetable</b> -----	£9.95

<b>KORMA (Mild) D</b>
Cooked with onion in mild creamy sauce.
<b>MASALA (Mild) D</b>
Cooked in Mild and tomato creamy masala sauce.
<b>PASSANDA (Mild) D</b>
Cooked in creamy sauce with wine and almond garnishing.
<b>BHUNA (Med)</b>
Cooked in thick sauce with mace and cardamom.
<b>KARAH (Med- Med Hot)</b>
Cooked with mixed peppers, onions, tomato, green chilli, tossed with karahi sauce.
<b>DOPLAZA (Med)</b>
Cooked in sauce with diced sauteed onions.
<b>ROGAN JOSH (Med)</b>
Cooked medium thick sauce with kashmiri spices.
<b>BALTI (Med-Med Hot)</b>
Cooked in Balti Sauce .
<b>METHI (Med-Med Hot)</b>
Cooked with fenugreek leaves, medium spiced curry.
<b>DHANSAK (Med)</b>
Cooked in lentils and herbs with sweet and sour flavour.
<b>PATHIYA (Med-Med Hot)</b>
Cooked in hot and sour sauce garnished with fried tomato pieces.
<b>JALFREZI (Med-Med Hot)</b>
Cooked with ginger, garlic, peppers,onions and various green herbs.
<b>MADRAS (Hot)</b>
Cooked in madras sauce with lemon, chilli and curry leaves.
<b>SAAG (Med)</b>
Cooked in spinach.
<b>VINDALOO (Very Hot)</b>
A very hot classical Indian curry.

## BIRYANI

<b>Chicken Biryani (Med)</b> -----	£11.95
<b>Lamb Biryani (Med)</b> -----	£12.95
<b>King Prawns Biryani (Med)</b> -----	£15.95
<b>Vegetable Biryani (Med)</b> -----	£10.95

## KIDS MENU

<b>Chicken Nuggets and Chips</b> -----	£8.95
<b>Chicken Korma (Mild) &amp; Rice/Naan / Chips D</b> -----	£9.95
<b>Chicken Pakora (Child)</b> -----	£5.95

We also offer vegan menu on request  
Please consult with our staff for more info.

## ALLERGEN INFORMATION CODES

G=GLUTEN M=MUSTARD C=CRUSTACEANS D=DAIRY  
N=NUTS, E=EGGS S=SEASAME F=FISH